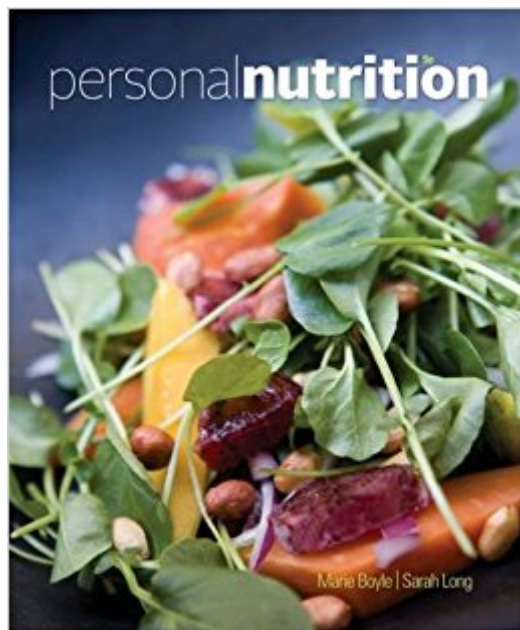


The book was found

Personal Nutrition



Synopsis

NOTE: This book DOES NOT COME with an Access Code Become a smarter consumers with PERSONAL NUTRITION, Ninth Edition. Engaging and accessible, Boyle provides a solid grounding in fundamental nutritional principles and how to apply them to make informed, healthy choices. The Ninth Edition is thoroughly updated to reflect the latest research, recommendations, and current trends and issues. It also features new and revised illustrations, photographs, examples, and learning objectives to make material even more timely, relevant, and compelling for today's learners. Overall, Boyle offers meaningful context, real-world examples, and practical advice to help students make smart decisions regarding their own nutrition and health.

Book Information

Paperback: 608 pages

Publisher: Cengage Learning; 9 edition (January 1, 2015)

Language: English

ISBN-10: 1305110420

ISBN-13: 978-1305110427

Product Dimensions: 10.7 x 8.9 x 1 inches

Shipping Weight: 2.9 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars See all reviews (7 customer reviews)

Best Sellers Rank: #66,911 in Books (See Top 100 in Books) #21 in Books > Textbooks >

Medicine & Health Sciences > Nursing > Clinical > Nutrition #27 in Books > Medical Books >

Nursing > Medical Nutrition #34 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Nutrition

Customer Reviews

a very fun and informative ready. Also a book that carries along well.i.e. does not get boring and repetitive and is not dry, very interesting to read and the side bar contains all the highlights of the chapter.i would recommend for anyone looking at buying an introduction to human nutrition

The book is informative, colorful, has excellent charts, and keeps readers engaged.

In perfect condition when I received it, thanks!

Book was in good shape.

[Download to continue reading...](#)

Performance Dog Nutrition - Optimize Performance With Nutrition Beating Cancer with Nutrition: Optimal Nutrition Can Improve Outcome in Medically-Treated Cancer Patients. The Lupus Recovery Plan: Healthy Nutrition To Treat Lupus Naturally (Healthy Nutrition and Living Book 1) Complete Nutrition Guide for Triathletes: The Essential Step-By-Step Guide To Proper Nutrition For Sprint, Olympic, Half Ironman, And Ironman Distances Krause's Food & the Nutrition Care Process (Krause's Food & Nutrition Therapy) Alzheimer's Disease: Dominate Alzheimer's Sickness With Nutrition Treatment, Brain-Healthy Lifestyle and Herbal Treatment (Alzheimer's Disease Complete ... Nutrition Treatment, Elder Care Handbook) Nutrition in Exercise and Sport, Third Edition (Nutrition in Exercise & Sport) Nutrigenetics: Applying the Science of Personal Nutrition Personal Nutrition IIS 8 Administration: The Personal Trainer for IIS 8.0 and IIS 8.5 (The Personal Trainer for Technology) The Law School Personal Statement Handbook: The Definitive Guide to Writing Your Personal Statement for Law School "Marca Personal" en 90 días: Cómo construir una marca personal triunfadora (Spanish Edition) Metodos De Estudio Biblico Personal (Personal Bible Study Methods: 12 ways to study the Bible on your own) (Spanish Edition) LA MENTE SUBCONSCIENTE - DESARROLLO PERSONAL: Como usar el poder oculto de tu mente para alcanzar tus metas y como reprogramar tu mente subconsciente (Crecimiento ... Superación Personal) (Spanish Edition) Coaching magico para convertir a tu rana en principe/ Magic Coaching To Turn To Your Frog Into a Prince: ...y desvelar la reina que llevas dentro/ ... Personal/ Very Personal) (Spanish Edition) Personal Development: 5 Book Collection (Self Help, Personal Development, Self Development) Summer Fit Second to Third Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values Summer Fit Kindergarten to First Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values Summer Fit Third to Fourth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values Summer Fit Fourth to Fifth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)